



<p><b>News</b> Local News, Business News, Features, Sport, Spanish Politics, Politics, World Affairs, Financial, ...</p>	<p><b>Culture and Leisure</b> Arts, Out and About, Restaurants, Health, Motoring, Leisure, ...</p>	<p><b>Community</b> Community News, Resident's Advice Desk, Letters, Tenerife Photo Gallery, ...</p>	<p><b>Services &amp; Travel</b> Accommodation, Rent a Car &amp; Activities, Subscriptions, Notice Board, Classifieds, Horoscope, About us, Contact us, Links, ...</p>
--	--	--	---

**The Spa & Beauty Hotel**

Near wineries & Great Shopping  
Onsite Spa, Health Club & Lap Pools  
[www.flamingoresort.com](http://www.flamingoresort.com)

**Tenerife property sales**

Tenerife estate agents The complete property service  
[www.tenerifepropertyagency.net](http://www.tenerifepropertyagency.net)

**Los Cristianos Apartment**

2 Bedroomed, Beach front, from £225 also a 2 Bedroomed in Golf del Sur  
[www.tenerifesol.co.uk](http://www.tenerifesol.co.uk)

**Tenerife Resort Invest**

New Promotions Resales Land Las Americas Los Cristianos Fafiabe  
[www.teneriferesortinvest.com](http://www.teneriferesortinvest.com)

Ads by Google

**Welcome to the new Wellness Center**

*It's not just the cold plunge pool which will take your breath away at a new health, fitness and beauty centre which has just opened at Los Cristianos.*

Spacio 10, the Tenerife Wellness Centre, has been stunningly designed and decorated to the highest of standards and features the very latest in equipment and services.

Spinning bikes have been plunged into a heated pool, the running machines have personalised TVs and aromatherapeutic air conditioning, there is a wonderful 15-stage thermal circuit and one of the biggest dedicated Pilates centres on the islands.

The huge 2,000 sq metre development adjoins the exclusive Hotel Marylanza Golf Resort at Golf Las Americas on Calle Arenales.

Invited guests were treated to a preview at the official inauguration last Friday night before the centre opened to the public on October 1.

Jorge Marichal of the Marylanza said the centre was very much aimed at local residents of all nationalities although holidaymakers are of course always welcome.

There are various price structures, ranging from full membership to day use, with numerous additional classes such as hydro bikes, aqua fit, body pumping, stretching, total body conditioning, step dance and spinning.

The Pilates Centre occupies 800 sq metres and you can attend classes collectively, in small groups or on a one to one basis.

The thermal circuit has been stunningly designed with low lighting and there is also a solarium, jacuzzi, gym, hair and beauty salon using the most natural of products, full changing facilities and a range of treatment rooms for massage, aromatherapy, physiotherapy and luxurious body treatments.

To find out more, you can drop in or call the centre on 922 78 78 49, email [info@spacio10.es](mailto:info@spacio10.es) or visit [www.spacio10.es](http://www.spacio10.es)

The staff speak a range of languages including English, Spanish, German, Italian and French. RS

■ [send this article to a friend](#)



**Search in our business directory**

Search for:

Select Category



**Related**

**Ads by Google**

- [Tenerife Apartment to Rent](#)
- [Villa Tenerife](#)
- [Tenerife Last Minute](#)
- [Tenerife San Juan](#)
- [Spain Villas](#)

**Search**

Web  [www.tenerifenews.com](http://www.tenerifenews.com)

**Readers Comments**

**News**

[Local News | Business News | Features | Sport | Spanish Politics | Politics | World Affairs | Financial | ]

**Culture and Leisure**

[Arts | Out and About | Restaurants | Health | Motoring | Leisure | ]

**Community & Service**

[Community News | Resident's Advice Desk | Letters | Tenerife Photo Gallery | ]

**Tenerife News**

[Accommodation, Rent a Car & Activities | Subscriptions | Notice Board | Classifieds | Horoscope | About us | Contact us | Links | ]

**Copyright © 2005 - Tenerife News - Canary Wharf S.L.**

**Website by MaxEfecto Comunicaci3n**