



CLASES COLECTIVAS DE PILATES:

| HORARIO TIME TABLE | LUNES MONDAY | MARTES TUESDAY | MIERCOLES WEDNESDAY | JUEVES THURSDAY | VIERNES FRIDAY | SABADO SATURDAY |
|-----------------------|-----------------|--------------------------|------------------------|--------------------------|-------------------|--------------------|
| 08.30H | ALLEGRO 1 | ALLEGRO 1 | MAT 1 | MAT 1 | ALLEGRO 1 | |
| 10.30H | ALLEGRO 2 | MAT 2 | ALLEGRO 2 | MAT 2 | ALLEGRO 2 | |
| 11.30H | PILATES SENIOR | | PILATES SENIOR | | PILATES SENIOR | ALLEGRO 1 |
| 12.30H | | ALLEGRO 1 | | ALLEGRO 1 | | |
| 14.00H | | ALLEGRO 2 | | MAT 2 | | |
| 16.00H | ALLEGRO 1 | | | MAT 1 | | |
| 18.00H | ALLEGRO 1 | MAT 2 | ALLEGRO 1 | ALLEGRO 2 | | |
| | | PILATES PARA EMBARAZADAS | | PILATES PARA EMBARAZADAS | MAT 1 | |
| 19.00H | ALLEGRO 2 | ALLEGRO 1 | MAT 2 | ALLEGRO 1 | ALLEGRO 2 | |
| 20.00H | ALLEGRO 1 | | MAT 1 | | | |

Recordamos que es necesario reservar las clases en recepción.
Este horario está sujeto a cambios. / This timetable is subset to changes.

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